## HOPE

is ally you need

## 30 day summer holiday challenge

| Go outside and build a den <br> Day 1 | Day 2 | Collect flowers and leaves <br> Day 3 | Day 4 | Go for a walk <br> Day 5 |
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| Day 6 | Learn to ride a bike <br> Day 7 | Day 8 | Play in the park <br> Day 9 | Day 10 |
| Read a book <br> Day 11 | Day 12 | Plant a flower <br> Day 13 | Day 14 | Visit a museum <br> Day 15 |
| Day 16 | Do a treasure trail <br> Day 17 | Day 18 | Count the number of bugs in your garden Day 19 | Day 20 |
| Learn to swim <br> Day 21 | Day 22 | Collect rocks <br> Day 23 | Day 24 | Create an instrument out of recycled material Day 25 |
| Day 26 | Count the number of birds in your garden <br> Day 27 | Day 28 | Build a sand castle <br> Day 29 | Day 30 |

